**Our Bodies**

“Our Bodies” booklet available for download on request(in five languages) through Jelly Beanz at: <https://www.jellybeanz.org.za/downloads/>

**Communication boards: “Communication for ALL”:**

Available free for download at: <https://disabilities.temple.edu/aacvocabulary/e4all/abusepcsChild.pdf>

**Social Stories**

There are a number of social stories available freely on the internet. The following site has some available regarding puberty:

<http://www.livingwellwithautism.com/how_to_use_social_stories/puberty_tips_and_social_stories>

**Resource Contact Numbers:**

* **Family Violence, Child abuse & Sexual Offences (FCS) Unit, SAPS**

George: 044 803 4621

Mossel Bay: 044 606 2805

* **Thuthuzela Care Centre** (George): 044 802 4429
* **Department of Social Development** (Eden & Central Karoo) : 044 801 4300
* **Child & Family Welfare**

George: 044 874 0424

Mossel Bay: 044 693 4764

* **BADISA** (George): 044 874 5013
* **ACVV**

George: 044 874 2030

Mossel Bay: 044 691 2259